



LIFE COACHING CONSENT FORM

Client Agreement & Informed Consent

Client Name: _____

Email: _____

Phone: _____

Date of Birth: _____

Session Start Date: _____

Purpose of Coaching

Life coaching is a partnership designed to help you clarify your goals, overcome obstacles, and take action toward personal growth. Coaching is not therapy, counseling, or a substitute for professional mental health care.

Confidentiality

All sessions are confidential, except when disclosure is required by law (e.g., harm to self or others, child/elder abuse, or legal subpoenas).

Coach-Client Relationship

- The coach is committed to providing biblical encouragement, guidance, and accountability.
- The client is responsible for implementing strategies and taking action.
- Coaching does not guarantee specific results; success depends on the client's commitment and effort.

Session Structure & Fees

- Session Length: ____ minutes per session
- Fee per Session: \$____
- Package Option (if applicable): ____ sessions for \$____
- Payment is due before each session or in full for packages.
- Missed sessions require a 24-hour notice for rescheduling; otherwise, the session is forfeited.
- Pricing is subject to change..

Cancellation & Refund Policy

- No refunds for completed sessions.
- Packages may be refunded on a prorated basis if cancellation is requested within the first two weeks.
- The coach reserves the right to terminate the coaching relationship if it is not a good fit, with a refund for unused sessions.

Liability Disclaimer

The client agrees to take full responsibility for their decisions and actions. The coach is not liable for outcomes resulting from coaching sessions. Coaching is not intended to replace professional advice from medical, legal, or financial professionals.

Consent & Agreement

By signing below, I acknowledge that I have read, understood, and agreed to the terms of this coaching agreement.

Client Signature: _____ Date: _____

Coach Signature: _____ Date: _____